

# 21st century skills – Learning to learn and adapt



## GENERAL INFORMATION

**Trainer:** Mr Zoltán Rézműves



**Number of participants:** 5-25 people  
**Language:** English

### Highlights:

- 21st century learning shifts the emphasis from acquiring specific lexical knowledge to developing a more flexible ability to learn and to adapt in new situations.
- Learning is not limited to the language classroom but also continues throughout life (lifelong learning).

## COURSE CONTENT

### Description:

The central idea of 21st century learning skills is that in today's fast-changing world what students need is less about memorising particular pieces of knowledge (what they learn) and more about developing skills that help to acquire any new skill and to adapt flexibly to any new situation (how they learn). The core competencies identified as 21st century learning skills are: cooperation, critical thinking, communication, creativity and culture. Also essential to the notion of 21st century learning is that it is no longer restricted to institutional education, but that it continues throughout life. This course aims to highlight how applying the principles of 21st century learning affects our teaching in the language classroom. Participants will explore techniques and strategies they can employ in supporting learners in developing flexibility and general learning skills. The course also offers a chance to participants to share ideas and experiences with colleagues through regular swap shop sessions aimed at exchanging tips and activity suggestions. By the end of the course, participants will have a clearer understanding of what 21st century learning skills are, and how they are relevant to the language classroom as well as familiarise themselves with techniques to develop their own learners' 21st century competencies.

### Aims and objectives:

- You will familiarise yourself with approaches and techniques to develop your learners' 21st century learning skills: cooperation, critical thinking, communication, creativity and culture.
- You will have a chance to share and exchange ideas with your colleagues – an approach that can be applied and extended to your language classes.

### Learning outcomes:

#### Participants to the course will learn to:

- identify 21st century learning skills and apply these to their teaching contexts;
- use strategies and techniques to build and maintain motivation and cooperative classroom dynamics;
- employ a wider range of approaches to groupwork and pairwork;
- understand the role of cross-curricular learning in the language learning process;
- promote their learners' creativity and critical thinking;
- work more effectively with cultural and art content in English classes

### Target group:

Language teachers: upper primary level; secondary level, adults, vocational

**Required language level of the participants:** English, B2

**Duration:** 35 lessons, 7 days

# Schedule\*



<b>SUNDAY</b>	<ul style="list-style-type: none"><li>• Getting to know each other with trainers and the other participants and location of the course, warm up</li></ul>
<b>MONDAY</b>	<ul style="list-style-type: none"><li>• 21st century learning skills, and their relevance to teaching practices;</li><li>• The 5Cs: cooperation, critical thinking, communication, creativity, culture;</li><li>• Presentations of the participants' schools.</li></ul>
<b>TUESDAY</b>	<ul style="list-style-type: none"><li>• Establishing and maintaining learner motivation;</li><li>• Motivation swap show: exchanging participants' ideas (task);</li><li>• Classroom dynamics: building a supportive learning environment;</li><li>• Cooperative learning: optimising groupwork and pairwork;</li></ul>
<b>WEDNESDAY</b>	<ul style="list-style-type: none"><li>• Groupwork/pairwork swap shop: exchanging participants' ideas (task);</li><li>• Inquiry-based learning: asking big questions to guide language learning;</li><li>• Cross-curricular learning.</li></ul>
<b>THURSDAY</b>	<ul style="list-style-type: none"><li>• Developing creativity: generating ideas and providing flexible support;</li><li>• Project work: combining creativity with language skills;</li><li>• Projects swap shop: exchanging participants' ideas (task).</li></ul>
<b>FRIDAY</b>	<ul style="list-style-type: none"><li>• Presenting and working with cultural content in the classroom;</li><li>• Activities and techniques for using the arts in the language classroom;</li><li>• Lifelong learning.</li></ul>
<b>SATURDAY</b>	<ul style="list-style-type: none"><li>• Compulsory relationship building program, evaluation, handing over diplomas,</li><li>• Closing of the course</li></ul>

## \* Notes:

- the schedule describes likely activities but may be modified in accordance with the requests and needs of the participants;
- presentations of the participants' schools may be divided up and take place after the breaks on each day of the course.

## Readings, materials, learning resources and useful links:



- Sophia Mavridi and Daniel Xerri (eds.) (2020): English for 21st Century Skills. Express Publishing.

## ADDITIONAL INFORMATION

### Certificates awarded:

Certificate of Attendance, Europass certificate and/or Learning agreement complement

**Price:** EUR including course, Erasmus+ documentation and a cultural activity

**Location:**

**Date:**



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